



Supporting people living with dementia in care homes

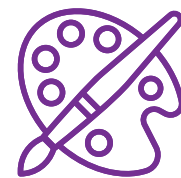


Practice ideas



Innovative environments

Handrails painted different colours



Personalised bedroom doors



Walled garden with a circular loop



Leaflet with named pictures of staff



Providing reassurance

Safe touch - holding a hand or giving a consensual hug



Validating rather than challenging experiences



Involvement of family members



Sharing supportive strategies amongst the team

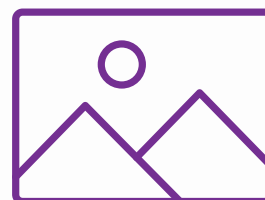


Promoting independence & autonomy

Respecting people's wishes & supporting 'risky' decision making



Using picture boards to aid communication



Incorporating favourite foods into mealtimes



Involvement in activities

**Encouragement to
participate in activities**



**Adapting interests to
current capabilities**



**Appropriate and person-
centred activity provision**



**'Buddying' schemes to
support people to engage**



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