

Delivering high-quality leadership within your care service

The **My Home Life England Professional Support and Development Programme** is our gold-standard, highly effective 9 month programme that supports social care leaders to develop their **leadership skills, resilience, and professional confidence**, while creating **empowering team cultures** that enable services to deliver great care and support.



Previous participants reported:

- Improved **quality of their management and leadership** (96%)
- More effective **staff engagement** (95%)
- Increased **professional confidence** (93%)
- Improved **experience for people using the service** (92%)
- Improved **confidence to meet CQC requirements** (89%)
- Increased **job satisfaction** (85%) and enhanced **staff retention**

Programme outline:

10 days face-to-face over 9 months:

- **3 full day workshops**, where care leaders work with **best practice, evidence-based tools** and shape their approach to great leadership, in a safe space for discussion and reflection.
- A unique offer of **6 follow-up group coaching sessions** (action learning sets) over a 6-month period, with access to a mentor/coach and a network of fellow learners, to explore new ideas, share challenges and celebrate successes.
- A **completion day** to reflect on achievements and embed learning.

Details:

- **Aimed at:** Leaders from care homes, home care services and supported living services
- **Location:** Central London - City St George's, University of London
- **Dates:** March-November 2025
- **Cost:** £1,500+VAT per attendee
- **Size:** Up to 20 participants

[Click here to register](#)

My home life
England



My Home Life England is part of City St George's, University of London. We've worked alongside the social care sector for 18 years, supporting more than 2,600 care leaders with proven outcomes on leadership, quality, resilience and retention. Visit: myhomelife.org.uk