



Are **care homes** a positive option for older people?

Join us for the launch of our **'Thriving in Residential Care'** research

**Wednesday 4th
September
12:30pm - 1:30pm**
Online via Zoom

- My Home Life England has conducted one of the largest qualitative research studies on **older people's experiences of living in residential care.**
- Our research reveals **six key ways** that older people can **thrive** in a care home, if the conditions are right.
- Join us to hear the **real stories** of older people, families and care teams.

"When I get into that bed at night, I know I'm safe. And I know if I'm not well someone will come in. It's a lovely feeling. And they're so kind".

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My home life
England



My Home Life England is part of City, University of London and promotes quality of life in care settings. Thank you to Hallmark Foundation who generously funded this research.