Having caring conversations

Be Courageous What would happen if we gave this a go? Connect Emotionally How did this make you feel?

Be Curious

Help me to understand what is happening?

Collaborate

How can we work together to make this happen? **Consider Other Perspectives** What do others think?

Compromise What is real and

What is real and possible? Celebrate What worked well?



Dewar B and Nolan M (2013) Caring about caring: Developing a model to implement compassionate relationship centred care in an older people care setting, *International Journal of Nursing Studies*, 50(9):1247-58.