

With over 16 years of working alongside the care sector, My Home Life England is part of an evidence-based international initiative that delivers proven outcomes. As part of City, University of London we are research informed and evidence led. We are focused on supporting and developing quality and enhancing positive practice.

Contact us: mhl@city.ac.uk | 0207 040 5776

Bespoke programmes for teams and organisations

We engage leaders and teams to design programmes that shine a light on what is working well within the service, building confidence to respond to change. We focus on the strengths that people who live, work in and visit care settings have to grow positive practice and embed innovation.

For more information, [click here](#)
From £3,500 plus VAT

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Support service to individual care settings

RISE (Realising Improvement through Shared Experience), provides tiered support to individual care settings. Our service helps you to respond to a CQC or local review and build a model of continuous quality development. Four tiers of support are available to suit you and your resources.

For more information, [click here](#)
From £975 plus VAT

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Bitesize online course

A course for busy practitioners focusing on practical tools and evidence-based frameworks that recharge your batteries and help you try new ways of working. Strengthen knowledge of evidence-based practice and the use of technology, to support practice improvements. Get the confidential support you need from others who understand the complex work of care services. Five 2-hour sessions run by skilled facilitators:

For more information and to book online [click here](#)
£595 (No VAT)

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Free online resources

Visit our website to find resources and sign up to our online newsletter for regular updates about positive practice. **Free via our website:**

www.myhomelife.org.uk

