



Press Release
JULY 2022

Prioritising Wellbeing

NEW TOOLKIT RELEASED TO SUPPORT POSITIVE WORKING RELATIONSHIPS BETWEEN ACTIVITY PROVIDERS AND CARE HOME LEADERS

NAPA and My Home Life England have jointly published a new toolkit focused on enabling Activity Providers and Care Home Leaders to work well together in order to enhance wellbeing and community connectedness for their care setting.

The toolkit is free to access. It focuses on positive practice, building on what already works well and finding new ways to work towards shared goals. It has been co-created and developed with those working in care settings and features a range of resources including case studies, practical tools and reflection points.

As champions of the roles of Activity Provider and Care Home Leader, NAPA and My Home Life England have the privilege of connecting with people living and working in a wide range of care settings on a daily basis, seeing first-hand the hard work that goes into fostering caring, connected communities. Both organisations have the same vision for building positive, supportive working relationships in order to achieve better quality of life for all those connected to care settings. They have created this resource together to help realise that vision.

The toolkit shares examples of positive practice alongside activities to help facilitate conversations between Activity Providers and Care Home Leaders. The aim is to help colleagues better understand each other and move forward together.

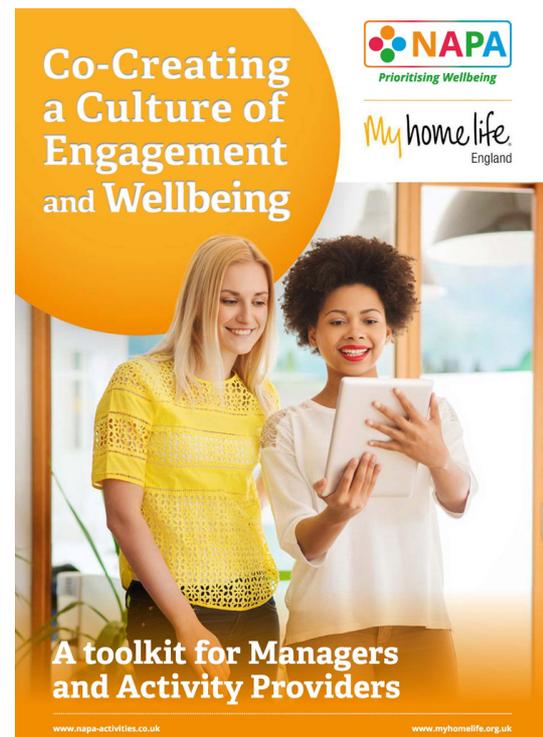
A free to watch webinar also compliments the toolkit. Colleagues from NAPA and My Home Life England discuss the toolkit and two sets of Care Home Leaders and Activity Providers share their experiences of positive working relationships and what works well.

Hilary Woodhead, Executive Director of NAPA, said:

NAPA supports the care sector to prioritise wellbeing and a good working relationship between the Activity Provider and the Care Home Leader is integral. This new resource shares positive practice and evidence of what works well, as well as providing opportunities to explore new ways of working to help relationships flourish.

Steph Thompson, Deputy Director of My Home Life England, added:

Every day My Home Life England hears stories of great leadership in action and examples of how team members, including Activity Providers, have an essential role in creating and developing positive cultures and community connections. We hope this new resource helps people to build on what's already working well, and to recognise and reflect on the different roles people play in supporting a vision of wellbeing within a care setting.



[Access the webinar HERE](#)

[Access the toolkit HERE](#)

NAPA PRESS RELEASE

READ IN FULL HERE



Notes to editors

NAPA – National Activity Providers Association

- The National Activity Providers Association is the UK's leading activity and engagement charity. They support care services to prioritise wellbeing and promote activity, arts, and engagement.
- NAPA is committed to raising the profile of activity provision, and the need for a professional approach. In May 2021 NAPA launched the Activity Professional Pathway; the process leads the activity provider through the learning process, obtaining training and qualifications.

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- Website - <https://napa-activities.co.uk/>
- Twitter : @NAPAlivinglife
- Facebook : <https://www.facebook.com/NAPAlivinglife>

My Home Life England

- My Home Life is an international evidence-based, practiced informed initiative that promotes quality of life and delivers positive change in care homes. The four guiding My Home Life principles are: Developing best practice together, focusing on relationships, being appreciative and having caring conversations. These help to address human rights in care homes.
- In England, My Home Life England is part of City, University of London. Our vision is to be a leading authority and enabler of positive change in care homes and other care settings across England, through high-quality training, consultancy, research and social action.
- My Home Life England runs transformative professional support and development programmes, supporting care leaders to develop and realise their potential within the care sector. Our mission is to promote positive practice and improve the quality of life for those living, visiting and working in care homes and care settings.
- My Home Life England also runs a national programme called Care Home Friends and Neighbours (Care Home FaNs), which “makes it easier for care homes to open their doors up to their communities, helping everyone to feel connected through meaningful engagement”.

- Website: myhomelife.org.uk
- Twitter and Facebook: @MyHomeLifeUK

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