

## Become a Care Home Friend Challenge: Notes for Leaders

### Week 7-9: “Making some gifts for your local care home”

Last week, children and young people made a postcard for their local care home.

Over the next three weeks, they are encouraged to go one step further and create a hand-made gift(s) to show older people that they are thinking of them.

#### Activity Information

These activity sheets cover weeks 7-9, to give children time to make their gift(s). They feature a selection of activities that children might like to make/try.

The range of different suggestions should appeal to a variety of different interests and skills. All have come from our wider Care Home FaNs: Intergenerational Linking work, so children across England have already made similar gifts to bring joy to older people living in care homes.

Alternatively, older children may prefer to adapt the activities or think of something else themselves.

Some of the activities have step by step instructions. The instructions are hyperlinked in the activity sheets, and the URLs written out here:

#### Bird Feeder

- Activity: <https://myhomelife.org.uk/wp-content/uploads/2022/05/bird-feeder.pdf>

#### Pots of Love

- Activity: <https://myhomelife.org.uk/wp-content/uploads/2022/05/pots-of-love.pdf>
- Template: <https://myhomelife.org.uk/wp-content/uploads/2022/05/template-pots-of-love.pdf>

#### Rock Art

- Activity: <https://myhomelife.org.uk/wp-content/uploads/2022/05/rock-art.pdf>

#### One Page profiles

- Activity: <https://myhomelife.org.uk/wp-content/uploads/2022/05/one-page-profile.pdf>
- Template: <https://myhomelife.org.uk/wp-content/uploads/2022/05/one-page-profile-template.pdf>

#### Word search (KS2 & KS3)

- Activity: <https://myhomelife.org.uk/wp-content/uploads/2022/05/wordsearch.pdf>
- Template: <https://myhomelife.org.uk/wp-content/uploads/2022/05/wordsearch-template.pdf>

#### Crossword (KS2 & KS3)

- Activity: <https://myhomelife.org.uk/wp-content/uploads/2022/05/crossword.pdf>

## Things to consider

- In any written activities, please encourage children to write as clearly as possible, to make it easier for older people to read and enjoy the gifts.
- Children are also asked to consider how they might think about sensory items in their creations, as gifts that activate the senses can be really engaging for people living with dementia.
- Please ensure that:
  - Children only share appropriate information and personal details in their creations.
  - Any gifts with small/loose parts are well secured e.g. glued down.
  - Younger children always complete the activities under adult supervision.

## Delivering the gifts

- Please ensure that a supporting adult decides with participating children and young people how the gifts will be sent to the care home.
- If young people are going to visit the care home to deliver the gifts in person, please ensure that they are always accompanied by an adult. You may wish to let the care home know in advance that you are coming.

## Our wider project – Bradford spotlight

- This Challenge has been created by Care Home FaNs: Intergenerational Linking – a national social action initiative connecting young people with older people living in care homes.
- Aside from this Challenge, we have 11 projects located across England. In week 6 we shared a video spotlighting our Bristol project.
- Children, families, teachers and leaders might now like to watch this short video spotlighting our Bradford project to find out more about Intergenerational Linking with care homes:  
<https://youtu.be/l6XPak9uMlc>