

## Become a Care Home Friend Challenge: Notes for Leaders

### Week 5: “Finding out about your local care home”

This week, children and young people find out more about the care home/s in their local area.

They firstly reflect on what they have learnt so far about care homes. Then through internet research they identify a nearby care home and explore what it looks like and what features it has. Finally, they create a profile of the care home, sharing what they’ve found out.

#### Activity Information

- The website we recommend you use is: [www.carehome.co.uk](http://www.carehome.co.uk)
- The easiest way to search is to input a postcode into the ‘enter a location’ search box.
- There are many different types of care home. This project focuses on care homes for older people and so ‘Nursing’, ‘Residential’, ‘Elderly’ and ‘Dementia’ are the 4 most relevant categories. You can explore these through the ‘required type of care’ search box if you wish.
- The website will give a certain amount of information about each local care home. This might also include photos and videos, which will give children a real sense of what it is like to live there. Some profiles will also link the care home’s specific website where you can likely find additional information.
- If you have time, you could research a few different care homes so children can see and reflect on the similarities and differences.

#### Things to consider

- As ever, caution should be taken if children are using the internet independently.
- When exploring the website [www.carehome.co.uk](http://www.carehome.co.uk), please take caution with the individual care home reviews that are written at the bottom of the page, as these may not always be appropriate to be shared with children.