

## Become a Care Home Friend Challenge: Notes for Leaders

### Week 3: “What is a care home and who lives there?”

This week young people are introduced to what a care home is and who lives there. They will see inside a care home and hear from a few older people about how they find living in a care home.

Younger children will reflect on the similarities and differences between a care home and their own home, whilst older children are given more information about the different types of care homes and the care they provide.

#### Activity Information

- Key Stages 1 and 2 watch the following video ‘Exploring a Care Home’, created by our project partners The Linking Network: <https://vimeo.com/622304225> and end with a ‘create a fold out care home’ activity,
- The KS3 activity sheet ends with a quiz (answers below). KS3 could also choose to complete the ‘create a fold out care home’ activity, or complete it as an alternative to the quiz.

#### Things to consider

- Children and young people may have misconceptions about care home and the activities this week aim to start dispelling these. Please use our additional background information about care homes to support you in engaging in conversations about care homes.
- It is important to highlight that, for the person living in the care home, it is their **home**.
- With any conversations about older people, please be sensitive to the individual circumstances of young people; some may have recently lost a grandparent or valued older person and these conversations may be a trigger
- Next week we will explore more about the different roles in a care home.

#### KS3 Quiz Answers

1. How many care homes are there in the UK?

**C. More than 15,000**

There are nearly 18,000 care homes across the UK, with the majority being located in England.

2. How many of these care homes are specifically for older people?

**C. About 11,000**

According to LaingBuisson (2018), there are 11,109 care homes for older people and those living with dementia.

3. Approximately how many people live in a care home in the UK?

**B. 500,000**

The UK care home population is nearly 500,000.

4. What proportion of care homes are nursing homes?

**A. About a third**

About 70 per cent of care homes in the UK are residential care homes, while the remaining 30 per cent are nursing homes

5. What percentage of people living in a care home have dementia?

**B. About 70%**

Alzheimer's Society estimates that at least 70% of people living in care homes are living with dementia.

For more information / references, please see:

- <https://www.carehome.co.uk/advice/care-home-stats-number-of-settings-population-workforce>
- <https://www.mha.org.uk/get-involved/policy-influencing/facts-stats/>
- <https://www.alzheimers.org.uk/about-us/news-and-media/facts-media>