

# Become a Care Home Friend! Intergenerational Challenge

Care  
Home  
FaNs  
Intergenerational  
Linking

## WEEK 1

This week we are going to think about different age groups.

### Thinking about different ages

Have a look at the people in the photo below. They are inside a care home. ★



★ How old do you think the different people are in the photo?

The people in the photos are from different **generations**. Generation is a collective noun for all the people born and living at the same time.

★ How many generations are shown in the picture?

When people of different generations come together to learn about each other, we call this an **intergenerational activity**.

## Activity: How old is old?

First, look at these age 'labels'. Which age range fits each label?  
Fill in your thoughts on the table.

Age 'label'	How old?	Age 'label'	How old?
Newborn		Teenager	
Baby		Adult	
Toddler		Middle-aged	
Child		Older person	

### Group discussion

What are the best things about each age?

★ Can you put these people in age order?



Greta Thunberg



David Attenborough



Kamala Harris



Barack Obama



Malala Yousafzai



Marcus Rashford



Tim Peake



Marley Dias

Answer: Starting with the youngest – Marley Dias (b. 2005), Greta Thunberg (b. 2003), Malala Yousafzai (b. 1997), Marcus Rashford (b. 1997), Tim Peake (b. 1972), Kamala Harris (b. 1964), Barack Obama (b. 1961), David Attenborough (b. 1926).

★ How did you know how to order the photos?

We can do amazing things at any age. Can you find out a little more about the achievements of the people above?

These two people have also achieved great things. Can you find out a little more about their achievements?



Captain Tom Moore



Katherine Johnson

## Activity: Growing older

Imagine you are 20 years older.

How old will you be? .....

Think of three advantages of being this age:

1 .....

2 .....

3 .....

Imagine you are 70 years older.

How old will you be? .....

Think of three advantages of being this age:

1 .....

2 .....

3 .....



These two people are both aged in their 80s. They live in a care home and still do their favourite activities.

