

## Our Bitesize programme for care home leaders is back!



“ We had a fantastic facilitator who really listened and gave good strategies to try ”

“ I am approaching things differently with staff, seeing a different picture, being honest ”

### Why should I join?

- ✓ Work with the same group over 5 sessions
- ✓ Hear practical ideas to support quality of life for people who live, die, work in and visit care homes
- ✓ Increase your confidence as a leader
- ✓ Take some time to reflect and think about resilience
- ✓ Get some support for yourself

### Course details:

- Five 2 hour sessions (1 per month)
- High quality training in groups of 6
- Practical, interactive and supportive
- Led by a facilitator - using video and discussion you will explore ideas, hints and practical tips, supporting you in evidencing quality to others
- Bring your own experiences and ideas to the session, working with people who do the same job as you

**Sign up now to start in March and April 2022!**

**[Visit our website here](#)**

Cost = £500 per person - you will need a credit or debit card with you to book.