

DRIVING QUALITY IN THE CARE SECTOR

AND IMPROVING SYSTEM RESILIENCE AND FLOW

My home life.
England



Community
engagement work



Transformative professional support
and development programmes



Ongoing
research



CITY
UNIVERSITY OF LONDON
EST 1894

- Over 17 years' experience working alongside care leaders and the wider health and social care system.
- Part of City, University of London, we are research-informed.
- Our evidence-based frameworks support quality development in care homes and other care settings.

PROFESSIONAL SUPPORT AND DEVELOPMENT PROGRAMMES FOR CARE LEADERS

**Our leadership support programme is built around three
core modules:**

- Relationship with self as leader/resilience.
- Leading and influencing others.
- Leading through change and understanding the wider health and social care system.

From £28K plus VAT



Other options

Bespoke support and development

for providers or individual care settings struggling to meet quality inspection standards, or who want to proactively prepare for future changes in line with the new CQC approach.

From £17K plus VAT

Supporting integration at place

by bringing together care leaders with leaders from the local health and care system to co-design shared outcomes and create improved partnership working and system flow.

From £20K plus VAT

Developing community connections

by working with social care leaders and organisations to assess and explore what's on offer and share ideas and resources.

[See more programme information here](#)

PROGRAMME OUTCOMES

- Quality of life for people living, working and visiting care settings
- Professional confidence, resilience and engagement in the wider care and health system.
- Safe hospital avoidance and appropriate use of NHS clinical services.
- High quality leadership and management skills.
- Improved morale and sector enthusiasm.
- Understanding of new models of NHS support and ability to work with people with complex needs, supporting hospital discharge.
- Confidence to meet regulatory requirements and to lead change.

[See more about the impact of our work here](#)

OUR RECENT EVALUATION OF 19 PROGRAMMES REVEALED

98%

of participants said the quality of their management and leadership had increased.

74%

of participants said their enthusiasm for working in care settings had increased.

ANOTHER SMALLER SURVEY REVEALED

55%

felt the programme had helped them reduce avoidable hospital admissions from the care home.

59%

felt the programme had helped them respond more effectively to hospitals needing to discharge patients quickly.

“Without My Home Life England I would no longer be working in the care sector”

“The offer from My Home Life England has helped to empower and equip care home managers to face the challenge of delivering high quality effective care and support in the current climate. It’s been amazing to see the journey they have been on.”

Integrated Care and Health Commissioner

“The support and openness has been so important throughout this programme. It has made me stop and reflect and has given me a new drive to improve my own abilities and how I manage others.”



“The programme provides much needed ideas and support, giving you that buffer to cope with the ever changing challenges that come with our role.”



My Home Life England is part of **My Home Life** - a strong social movement for quality improvement in care homes and other care settings that has spread nationally and internationally.

Our commissioners are primarily Local Authorities, Integrated Care Boards and Health Innovation Networks. All programmes are run by team members and our expert coaches and facilitators.

[Meet our team here](#)