

Menu for Public Sector Funders

My Home Life England is part of an evidence-based international initiative. We promote quality of life and deliver positive change in care settings across England.

Four guiding principles are the foundations of our work: Developing best practice together, Focusing on relationships, Being appreciative, Having caring conversations.

We focus on supporting and developing care homes. We build collaborative ways of working with people who live and work in care homes as well as the wider care and health systems.

Professional Support and Development

This established leadership support and development programme is built around long-term resilience, capacity and skills development in a care home. We bring together groups of care home leaders building a bespoke transformational programme. Our evidence-based approach provides a range of practical and positive tools and ideas for people to try out. Through action learning and appreciative approaches, people gain trust, confidence and deliver improvements in quality in the home. Additional branches include a focus on working with dementia, technology as your friend and quality improvement approaches and planning.

1

Integration strand (including enhanced health in care homes)

We work alongside groups of managers and colleagues from the wider health and care system to explore what 'integration' means for people who live and work in care homes. We have an emphasis on co-production of ideas and creating a joint vision, building on what is working well at a local level. With a focus on creating collaborative relationships within the wider health and care system, this programme supports realistic and practical change, building on opportunities and supporting local policy approaches.

2

3

Intensive support

A package of support for either an individual home or a small number of homes that are struggling to meet internal or external expectations in relation to quality. We use the homes' systems, working with their people, building on what's working well and making things as simple as possible. We give immediate evaluation and plan together for change with ongoing support.

4

Care Home Friends and Neighbours

Bespoke place-based programmes, supporting people who live and work in care homes to open their doors and connect with their local communities to improve quality of life. Create connections to people, places and passions. Widen your support circle and enhance health and wellbeing. Our evidence-based tools support a community focus, bringing in partner organisation and local community leaders.

For more information contact us on mhl@city.ac.uk or ring us on 0207 040 5776.

Visit our website www.myhomelife.org.uk for our free online resources, up-to-date best practice tips and news and to sign-up to our online newsletter.

My home life.
England

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