



WHAT BRINGS ME JOY AT CHRISTMAS

Fill in a Christmas Question Sheet to introduce yourself to a care home resident and let them know what Christmas means to you. Maybe they will send their own sheet back! Christmas Question Sheets are a great way to get to know each other better and find common interests. You'll also be sharing some Christmas spirit!

Equipment needed

- A4 paper or card – either print our template Christmas Question Sheet, or copy the template and make your own
- Pencils and pens
- Any other materials you'd like to use to decorate your sheet



Method

1. Take a look at our template Christmas Question Sheet. (You can use this template to make your own if you'd like). Draw a picture of yourself in the empty box top left, so that the older person knows what you look like. Be creative with materials! If you have a photograph of yourself, you could attach this instead (but avoid pictures of yourself in school uniform).
2. Next think about your answers to all the questions. It will help you reflect on what Christmas means to you.
3. Finally, feel free to decorate your Christmas Question Sheet. You could use colour pens, or stickers, or any craft materials you have.
4. Once you have finished, send your Christmas Question Sheet to the care home. If the care home is close by, you could drop it off by hand. If not, you can send it via post, or take a picture of it and send via email.

Name: Lewis

Age: 8

My favourite Christmas carol or song is:ingle bells

My favourite film to watch at Christmas is:Elf I think Will Ferrell who plays Buddy is funny.

If I could give anyone in the world any present, I would choose:My neighbour Terry who lives next door. He's always very friendly whenever I see him. I know he loves sweets so I'd buy him a giant bag that fills his whole room!

My favourite things about winter are:Seeing the shops all nicely decorated. I also go on lots of walks to the park with my mum and sister and always hope for snow. When it's cold I play football to keep warm. I enjoy seeing my breath in front of my face!

What does Christmas mean to you?It's a time to celebrate and be happy and thankful. Usually we see family, but this year we are going to video-call them instead and open presents together. I'm not religious but some of my friends are Christian. They go to church and I know it's a really special time for them too.

I would decorate a Christmas tree with:Lots of decorations and tinsel and colourful lights. We have an angel that my nan gave us that we always put on top of the tree.

My hopes for 2021 are:That I can see my family again in person soon and everyone stays healthy. I also hope my team (Manchester United) win the Premier League!

