

# ASKING CHRISTMAS QUESTIONS

Ask older people living in care homes some Christmas Questions! Give your own answers to the questions too. This will help you both reflect on the festive season and may help older people reminisce about their childhoods.

## Equipment needed

- Card or paper – plain or coloured
- Scissors
- A pen
- A ruler
- A jar or other item to put the questions in
- Coloured pens/pencils and other decoration - optional



## Method

1. Take a piece of card (or paper) and cut it up into squares that are big enough to write on. You may need multiple pieces of paper, depending on how many questions you want to write.
2. Decide on your questions! Take a look at our Asking Christmas Questions Sheet for some ideas. Think about what Christmas and the winter season means to you and this may inspire your thinking.
3. Write one question on each of the squares in clear, lowercase handwriting.

Asking Christmas Questions - Ideas Sheet

What is your favourite Christmas carol or song?	How would you decorate a Christmas tree?	Can you name all of Santa's reindeers?	What foods make you think of winter and Christmas?	What's your most magical Christmas memory?	What does Christmas mean to you?
What's the funniest Christmas cracker joke you've heard?	What song was UK Number 1 at Christmas when you were 10 years old?	Have you ever been in a Nativity play? If so, who/what were you?	What's your favourite Christmas decoration?	Apart from snow, what would you use to build a snowman?	What is one thing you are grateful for this winter?
Where would you hang a stocking for Santa?	What is the best Christmas present that you've ever given or received?	Do you have any winter or Christmas traditions?	What's the most snow you've ever seen?	Do you prefer winter or summer and why?	What are your hopes for next year?





4. Turn each square over and write your own answer to the question on the back. This will allow the older people to get to know you too.
5. Once you have finished your questions, you may wish to decorate them, but make sure your writing is still easy to read.
6. Place each question into your jar.

If possible, we recommend that you don't fold them. This will stop the questions becoming creased and harder to read. If you don't have a jar, you could use an empty ice-cream tub or a shoebox. Decorate the outside how you like!

7. Take your questions to your local care home for the older people to enjoy. You might like to write them a card too.

