

An **intergenerational linking** project by:





Bringing together young people aged 5-14 from schools and youth organisations and older people living in care homes

Through our project, young and older people:

- Are given the freedom to imagine and design a range of different activities together, encouraging creativity, giving ownership and increasing feelings of connection and fun
- Learn from one another and share in new experiences together, broadening understanding of who we all are and how we all live together
- Build meaningful intergenerational friendships which increase a sense of connection and reduce feelings of isolation, especially during lockdown

The project also aims to:

- Improve young people's confidence and develop their leadership skills
- Create a world where care homes are truly connected to their communities
- Sustainably embed intergenerational linking into the curriculum and ethos of a school and/or youth organisation

We are:

- Collaborative
- · Evidence-based and led by research
- Co-produced by young & older people
- Embedded into the National Curriculum
- Led by expertise working with care homes (My Home Life England) and young people (The Linking Network)
- Promoting great youth social action in line with the #iwill campaign









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carehomefans.org/intergenerational-linking
#IntergenerationalLinking







